

# Support for You as You Travel on The Path to Recovery



## ATR COORDINATOR SUPPORT

Coordinators help you develop a recovery plan based on your individual recovery goals, plus provide ongoing recovery support, care coordination, and referrals to other services.

## INDIVIDUAL RECOVERY COACHING

You can get your own personal coach and cheerleader to help you navigate the ups and downs of your recovery.

## CAREER BUILDING INITIATIVE (CBI)

The CBI job readiness programs are like “boot camp” for how to get a job, and the occupational training programs train you for a specific field, even for those who have a criminal record.

## BASIC NEEDS GOODS/SERVICES

You can get vouchers for things like clothing, hygiene products, cell phones, IDs, and children’s needs.

## \$20 GIFT CARD

You will receive a \$20 gift card when you meet with your ATR Coordinator for your 6-month disenrollment interview.

**Enrollment in Access to Recovery (ATR) offers the following services over a 6-month period:**

### Setting Recovery Goals and Developing a Recovery Plan

Your ATR Coordinator will help you identify your recovery goals for the six months that you are in ATR. This will help determine what services will be best for you, it will help you get the most “bang for your buck” from the ATR program, and it’s important to track your progress to *celebrate* your successes and *learn* from your challenges.

### Recovery Coaching

An ATR Recovery Coach can support you by serving as a personal guide and mentor as you navigate your recovery. A Recovery Coach will meet you in person to provide individualized support, learn skills to live a holistic and healthful lifestyle, and help your connection to a supportive recovery community.

### Basic Needs to Support Recovery

You can receive vouchers to cover some of your basic needs and your children’s needs (minus fees). It is your choice to determine how to use this money:

- **Basic needs.** Examples: clothing, hygiene products, cell phone), ID replacement (e.g. birth certificate, driver’s license, state ID).
- **Medical/health/wellness needs.** Examples: co-pays, eyeglasses, gym membership.
- **Education/employment needs.** Examples: clothes for job or job interview, textbooks, specialized work tools/materials, such as a hammer for a carpenter, or work boots for construction sites.
- **Children’s needs.** Examples: pack and play, car seat, stroller.
- **Transportation passes** for buses, or subways to attend treatment, recovery support services, training programs, work, or school, or to improve social connections.

NOTE: Basic needs items and transportation passes are bought for you in several ways: (1) the ATR Coordinator gives you a transportation pass; (2) you schedule a shopping trip and an ATR Personal Shopper pays the store; or, (3) the ATR provider will write a check on your behalf (for example, writing a check to your doctor for a co-pay, writing a check to the RMV to pay a fee or get a new state ID).

“ ATR helped me get clothes and get around the city. I had never written a resume before. I learned how to use computers and how to be a professional and a citizen again. I have a whole new life thanks to this program. ”

## Career Building Initiative (CBI)

The goal of the CBI program is to help you explore careers, become more employable, and to find a job. All the employment programs start off with a mandatory **job readiness program**. Once you complete this training, you will be prepared to begin a job search or can choose to attend further training for a specific occupation. Many training programs are designed to get you right into a paid job!

### Are you worried about having a criminal record?

ALL of the job training programs have been selected because they train in fields that have CORI (Criminal Offender Record Information)-friendly jobs. Some of the CBI programs can even help you get your CORI sealed if you are eligible. **If you have a criminal record, don't let that stop you from exploring the Career Building Initiative.** If you are willing to work hard on your recovery, the ATR CBI program is willing to work hard to help you get a job!

These are the CBI programs and benefits:

- **Job Readiness Programs.** Introduction to employment, career exploration, occupational outlooks, and financial literacy. The programs are conducted through a combination of classroom style, hands-on, and facilitated team activities. After you complete a Paths to Empowerment Job Readiness program, you can choose to apply for a more specific occupational training program based on your career interests and goals.
- **Occupational Training Programs:** These programs provide the necessary training and career preparation for individuals to find jobs in fields such as: culinary/food services; office skills; computer training; customer service; commercial cleaning; hospitality; building trades, and other opportunities. Each ATR city (Boston, Springfield, Worcester, New Bedford) has varying options and fields for job training.
- **Work Study Benefits (WSB):** You will get paid to get trained! You will receive \$8 per hour for every session hour you attend in either a job readiness or occupational training program. You will receive a check when you complete the job readiness program, and if you attend an occupational training program, you'll get a check every week.



## Frequently Asked Questions About Administrative Fees

### What are the fees associated with using the funds allocated to me for goods/services?

There are administrative fees for the basic needs supports. Every time an ATR organization provides one of these services (like taking you shopping, writing a check to the RMV) these agencies are fronting the money to pay for it, taking liability for the checks, tracking and monitoring funds through their accounting departments, and paying staff. The employees who take you shopping or get you a transportation pass do not receive these fees, they go directly to the non-profit organization. These are the fees:

- **Check writing fees:** For every check that is written on your behalf there is a \$15 check writing fee. This fee comes out of your basic needs allotment.
- **Personal shopping fees:** For every shopping trip you take there is a \$30 personal shopping fee. This fee comes out of your basic needs allotment.
- **Transportation fees:** ATR coordinating agencies purchase transportation passes up front, provide them to ATR clients as needed, and track that information. For every subway or bus pass given to you, there is an administrative fee (ranging from \$2.00–\$2.50). This fee comes out of your basic needs allotment.